

LUNCH MENU



WEEK ONE

Weeks Commencing:
 1st Sep - 21st Sep - 12th Oct
 2nd Nov - 23rd Nov - 14th Dec
 4th Jan - 25th Jan - 15th Feb

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 MAIN MEAL	VEGETABLE KORMA CURRY MIXED VEGETABLES NAAN BREAD	OVEN BAKED PORK SAUSAGE ROLLS BAKED BEANS	CHEESY TOPPED BEEF & VEGETABLE LASAGNE CRUSTY BREAD	CREAMY CHICKEN WITH LEEK & POTATO GARLIC BREAD	PIZZA BAR CHOOSE YOUR OWN TOPPINGS CHICKEN, CHORIZO, PEPPER, CHEESE, PINEAPPLE SIDE SALAD
 VEGETARIAN OPTION	AS ABOVE	SAVOURY CHEESE ROLL (V) BAKED BEANS	CHEESY VEGETARIAN MINCE LASAGNE CRUSTY BREAD	CREAMY QUORN WITH LEEK & POTATO GARLIC BREAD	AS ABOVE
 JACKET POTATO	COLESLAW GRATED CHEESE SIDE SALAD	TUNA MAYO GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE SIDE SALAD	COLESLAW GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE SIDE SALAD
 COLD OPTION	CHEESE & BISCUITS CREAM CHEESE, CHEDDAR CHEESE & HUMMUS SIDE SALAD	TORTILLA WRAP WITH HAM OR CHEESE (V) SIDE SALAD	CHICKEN GOUJONS TOMATO DIP SIDE SALAD	PLOUGHMANS LUNCH CRUSTY BREAD HAM, CHEESE & SWEET PICKE SIDE SALAD	WHOLEMEAL SANDWICH WITH HAM OR CHEESE (V) SIDE SALAD
 DESSERT	SWISS ROLL	FRUIT CRUMBLE	LOW SUGAR FRUIT JELLY & WHIPPED CREAM	BANANA & CUSTARD	FRESHLY BAKED FRUIT COOKIE



All dietary needs /
allergens catered for



Fruit & yoghurts
available every day



www.cupcakescatering.co.uk



01527 821977

FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD

LUNCH MENU



WEEK TWO



Weeks Commencing:

7th Sept - 28th Sept - 19th Oct

9th Nov - 30th Nov - 21st Dec

11th Jan - 1st Feb - 22nd Feb

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MAIN MEAL

MAC & CHEESE
PEAS

MILD CHICKEN BALTI
MIXED VEGETABLES
STEAMED RICE

FISHCAKE BAP
FISH & POTATO CAKE, SERVED IN A SOFT ROLL
TOMATO SAUCE
SIDE SALAD

CHEESY TOPPED TOMATO
PASTA BAKE
With SWEETCORN

PORK SAUSAGES & PEAS
ONION GRAVY
YORKSHIRE PUDDING



VEGETARIAN OPTION

AS ABOVE

MILD QUORN BALTI
MIXED VEGETABLES
STEAMED RICE

VEGETABLE CUTLET BAP
SERVED IN A SOFT ROLL
TOMATO SAUCE
SIDE SALAD

AS ABOVE

VEGAN SAUSAGE & PEAS
ONION GRAVY
YORKSHIRE PUDDING



JACKET POTATO

COLESLAW
GRATED CHEESE
SIDE SALAD

TUNA MAYO
GRATED CHEESE
SIDE SALAD

BAKED BEANS
GRATED CHEESE
SIDE SALAD

COLESLAW
GRATED CHEESE
SIDE SALAD

BAKED BEANS
GRATED CHEESE
SIDE SALAD



COLD OPTION

FLATBREAD
HAM or CHEESE
SIDE SALAD

SWEETCORN & PEPPER
PASTA SPIRALS, GRATED
CHEESE
SIDE SALAD

CHEESE PUFF PASTRIES
SIDE SALAD

BAGELS
HAM or CREAM CHEESE
SIDE SALAD

WHOLEMEAL SANDWICH
with CHEESE



DESSERT

SWISS ROLL

FRESHLY BAKED
FRUIT COOKIE

SLICED MELON

FRESHLY BAKED
FRUIT FLAPJACK

FRESHLY BAKED
FRUIT SPONGE



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VERY GOOD

LUNCH MENU



WEEK THREE

Weeks Commencing:
 14th Sept - 5th Oct - 26th Oct
 16th Nov - 7th Dec - 28th Dec
 18th Jan - 8th Feb

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHEESY TOPPED TOMATO PASTA BAKE With VEGETABLE AND SPRINKLING CHEESE	BBQ VEGETABLE STEW Steamed Rice	SAUSAGE, TOMATO & MIXED BEANS PITTA BREAD	ROAST CHICKEN in GRAVY ROAST POTATOES YORKSHIRE PUDDING MIXED VEGETABLES	FAJITA CHICKEN TORTILLA WRAP
VEGETARIAN OPTION	AS ABOVE	AS ABOVE	VEGAN SAUSAGE & MIXED BEANS PITTA BREAD	ROAST QUORN in GRAVY ROAST POTATOES YORKSHIRE PUDDING MIXED VEGETABLES	VEGETABLE FAJITA TORTILL WRAP
JACKET POTATO	COLESLAW GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE	TUNA MAYO GRATED CHEESE	COLESLAW GRATED CHEESE SIDE SALAD	BAKED BEANS GRATED CHEESE
COLD OPTION	FLATBREAD with HAM or CHEESE SIDE SALAD	SOFT ROLL With CHICKEN or CHEESE SIDE SALAD	TORTILLA WRAPS with HAM or CHEESE SIDE SALAD	CHEESE & TOMATO PIZZA SIDE SALAD	SAUSAGE ROLL SIDE SALAD
DESSERT	SWISS ROLL	FRESHLY BAKED FRUIT SPONGE	BANANA & CUSTARD	ICE CREAM & PUREE FRUIT	FRESHLY BAKED FRUIT FLAPJACK



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