

# FAMILIAL WORLDVIEW TRAITS



## Sikh worldviews



YOU  
ARE  
HERE

### KS1

**Sewa** is usually an important concept for those with Sikh worldviews. It means '**service**'.

Sewa is often expressed through the **langar meal**- a daily meal, typically served in the **gurdwara**, available for anyone to enjoy.

The **gurdwara** is a **place of worship** where those with Sikh worldviews and **values** will often gather for **worship**, the **langar** and social reasons.

The **Guru Granth Sahib** is the **holy book of Sikhi**. It is known as the '**living guru**' as the 10th guru (in a line of Sikh gurus or teachers) named the holy book as his successor.

**Guru Nanak Ji** is the **founder** of **Sikhi** (correct term for 'Sikhism') and he is an inspirational figure for many with Sikh worldviews.

**Ik Onkar** is a Sikh symbol. Ik Onkar means '**there is only one God**'. This symbolises the importance of the belief in the **oneness of God and the oneness of humanity**.

One name which many Sikhs use for God is **Waheguru**, which means **Wonderful Lord**.

Some Sikhs choose to wear head coverings such as **dastaar** (Sikh for 'turban') and **patka** if they have grown their hair long for spiritual reasons.

The opening section of the Guru Granth Sahib is called the **Mool Mantra**. This means '**essential teaching**'.

**Vaisakhi, Gurpurab & Bandi Chhor Divas** are three important **Sikh festivals** that most people with Sikh worldviews **celebrate** together.

### KS2

Sikhs believe in **One Supreme Being (Waheguru)** who creates and sustains everything. That One Supreme Being is inside them, is everywhere and they can be connected to it.

Not all Sikhs are **Khalsa-affiliated** and wearing the **5 Ks**. There are actually three kinds of Sikhs: **Sahajdhari, Keshdhari, and Khalsa Sikhs**.

The dual Sikh concepts of '**simran**' (**continuous remembrance of God**) and '**sewa**', or selfless service are important for many people with Sikh worldviews. Sometimes these are described as being like the wings of a bird.

Those with Sikh worldviews often visit holy sites in **India, Punjab and Pakistan** associated with the lives and burial places of the gurus.

**Langar Aid** is a **Sikh charity** working locally as an expression of '**sewa**'. It is an offshoot of the charity Khalsa Aid. Ideas about **Sewa** are changing amongst different generations of Sikhs.

**Sikhi** is an organised worldview with good example of shared values with its teachings on **equality** based on its founder, **Guru Nanak**, and the focus on the **langar**.

In Sikh traditions, gurus are inspirational teachers that show the right way, including **Guru Nanak** and **Guru Granth Sahib (the living Guru)**.

Key principles of **Naam (divine name), Daan (giving) and Ishnaan (bathing)** were cultivated by **Guru Nanak** and are often important for those with Sikh worldviews to express their worldviews.

### KS3

