

FAMILIAL WORLDVIEW TRAITS



Hindu worldviews



YOU
ARE
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KS1

Many people with Hindu worldviews do puja (**worship**) at home or in the **mandir (Hindu place of worship)**.

Puja involves the worship of **murti (deities)**, chosen by the Hindu family. Items used in puja include:

- **Bell** – rung to let the deity know the worshippers are ready to begin their puja.
- **Incense** and incense holder – purify the air
- **Kum Kum Powder** –paste used to mark the forehead of a worshipper
- **Aarti lamp** – lit to symbolise God's presence
- **Water** container and spoon – offered to the gods to show respect.

Most people with Hindu worldviews believe in the **atman (soul) is born and reborn** in a cycle of birth and death called **samsara** and to leave this cycle they must achieve **moksha**.

Karma is a concept many people with Hindu worldviews believe in and it means that actions in life can **have good, bad or neutral consequences**. This impacts on **samsara** and can ultimately lead to **moksha**.

Diwali is a special time for those with Hindu worldviews and most celebrate with **diva lamps**, fireworks, food and family time.

Diwali is a celebration based on the story of **Rama and Sita** from the epic Hindu poem, the **Ramayana**.

KS2

Kala is the Hindu concept of time and offers an explanation for different periods of time in world history.

Navratri is an autumn festival dance done by those following **Sanatan Dharma** to celebrate the goddess **Durga** killing a demon and the **triumph of good over evil**.

'**Ahimsa**' is a **Sanskrit** word that means '**non-violence**' / '**no injury**' and it is often an important concept for those with Hindu worldviews. It is a guiding concept for life decisions, such as **diet** and responses to **climate change**.

Brahman is a creative, conscious and eternal force or energy, worshipped as one God but in many forms.

Those with Hindu worldviews often worship God in the form of the **Trimurti: Brahma (Creator), Vishnu (Preserver) and Shiva (Destroyer)**. They might also worship murti representing these gods as other gods and goddesses (called **avatars**), such as Ganesha or Hanuman.

The **Bhagavad Gita** is an important story for those with Hindu worldviews and it tells the story of a great battle between cousins and an epic conversation between **Arjuna and Krishna**.

Dharma is a Hindu concept which means '**righteous path**' or '**eternal duty**'. The correct term for Hinduism is '**Sanatan Dharma**'. It is the way to good karma, achieve **moksha** (liberation) and avoid **punar janma** (rebirth).

KS3

