

Distractions Top Tips For Parents

Dear Parents / Guardians,

Today your child has participated in a Road Safety workshop delivered by Warwickshire County Council focusing on distractions and the risks they present. We would like to share your child's learning with you, to help you to discuss the key messages together, and share some ideas for how we can all work together to keep ourselves and our families safe.

To help you to keep your child safe, you could use the information below to start a conversation about distractions.

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What is a distraction?

A **distraction** is anything that could take our **attention** away from the road.



Distractions stop us from **seeing** or **hearing** things around us.

Ditch The Distractions.

Put your phone **in your bag** and take headphones out of your ears to cross the road.



Eat and drink in a **safe** place.

Save games and balls for parks or playgrounds.



Be a good friend and **help each other** to stay safe.

How can we stay safe?

Talk about things that might distract you from staying safe both **now** and **in the future**.



Plan ahead - What is likely to be your biggest distraction? How can you make it safe?

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For further information on Road Safety, Active Travel or Bikeability Cycle Training

Get in touch: email us: roadsafetyeducation@warwickshire.gov.uk

Email the cycle training team: wccbikeability@warwickshire.gov.uk

Follow us: Facebook - [@WCCSafeActiveTravel](https://www.facebook.com/WCCSafeActiveTravel) Twitter - [@WCCSafe_Active](https://twitter.com/WCCSafe_Active)

Look at our website: www.warwickshire.gov.uk/roadsafetyeducation



Warm regards from,

WCC Road Safety Education Team

