



Courage

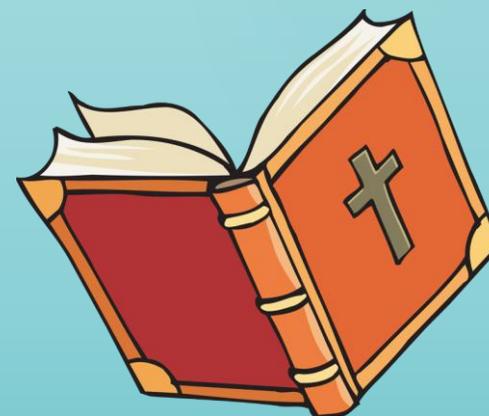


Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go.

Joshua 1.9



Overcoming Fear





0:00 / 3:11







We have gathered together
in the name of God the Father,
Son and Holy Spirit,
to worship together
and think about our value courage.





overcoming



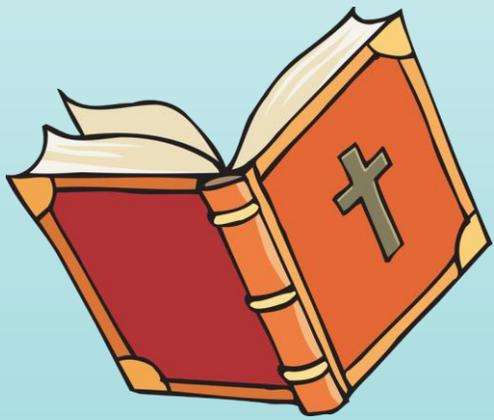
fear

Do you think teachers are a little scared of things?

Do you think that fear stops them doing anything?

We might be a bit afraid but we do it anyway, or we would miss out on enjoying life. We show courage.





Our words of wisdom from the Bible today are:

Perfect love casts out all fear.

1 John 4¹⁸





Drama

BARNEY AND BELLA

Bella: Hi, Barney, you look different today.

Barney: Do I?

Bella: Yes, something's changed about you. Let me think: new hair cut?

Barney: No.

Bella: New jumper?

Barney: No.

Bella: New school bag?

Barney: No.

Bella: Come on, tell me what's different about you. Have you grown taller since I saw you last week?



learning

Barney: I can't have grown that much since last week!

Bella: Well there must be something. Tell me what you've been up to and maybe I can work it out. You went on that trip with your family to the Outdoor Centre in Wales.

Barney: Yes, it was amazing!

Bella: What did you do there?

Barney: We had to climb up some really high walls and abseil down them.

Bella: Oh Barney, but you hate heights! How did you do it?



Barney: It was really scary but the leader there was great and my Dad was with me. He said 'Barney I love you. Would I let you do anything that would hurt you?' In the end I did the abseil, and I really loved it. I was really frightened when I had to lean over the edge backwards over this really big drop...

Bella: You're making me feel scared now!

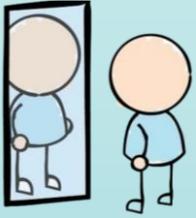
Barney: My legs were shaking when I started, but by the time I got to the bottom I felt this big whoosh in my tummy and I couldn't stop smiling. My Dad said it was courage that made me feel like that. He said he was really proud of me.



Bella: Wow, so does that mean you're not afraid of heights now?

Barney: Well I'm still a bit scared. But now I won't let it stop me doing fun things.

Bella: Ah, now I see what's different about you! You might not have grown much taller on the outside in one week, but I think courage has made you taller on the inside, Barney!



Reflecting

Sometimes our fears stop us having fun or trying something new.

Do you have a fear that
holds you back?



Responding



Imagine this rope is a symbol of courage. When we don't have courage inside us to be brave, we can ask God to help us. This week, if you have to or want to do something brave, come and hold on to the rope and ask God to help you to be brave.



I'll lead the prayer if you would like to make the prayer yours join in with the Amen at the end.

Prayer for courage to face all that lies ahead

Loving God

Give us courage to choose the path before us,

Risking disappointment to find joy,

Risking failure to be creative,

Risking rejection so that we might love,

Risking stumbling so that we might climb,

Risking the journey for the sake of the homecoming.

We ask this in the name of Jesus,

Who risked living and dying to love us.

Amen

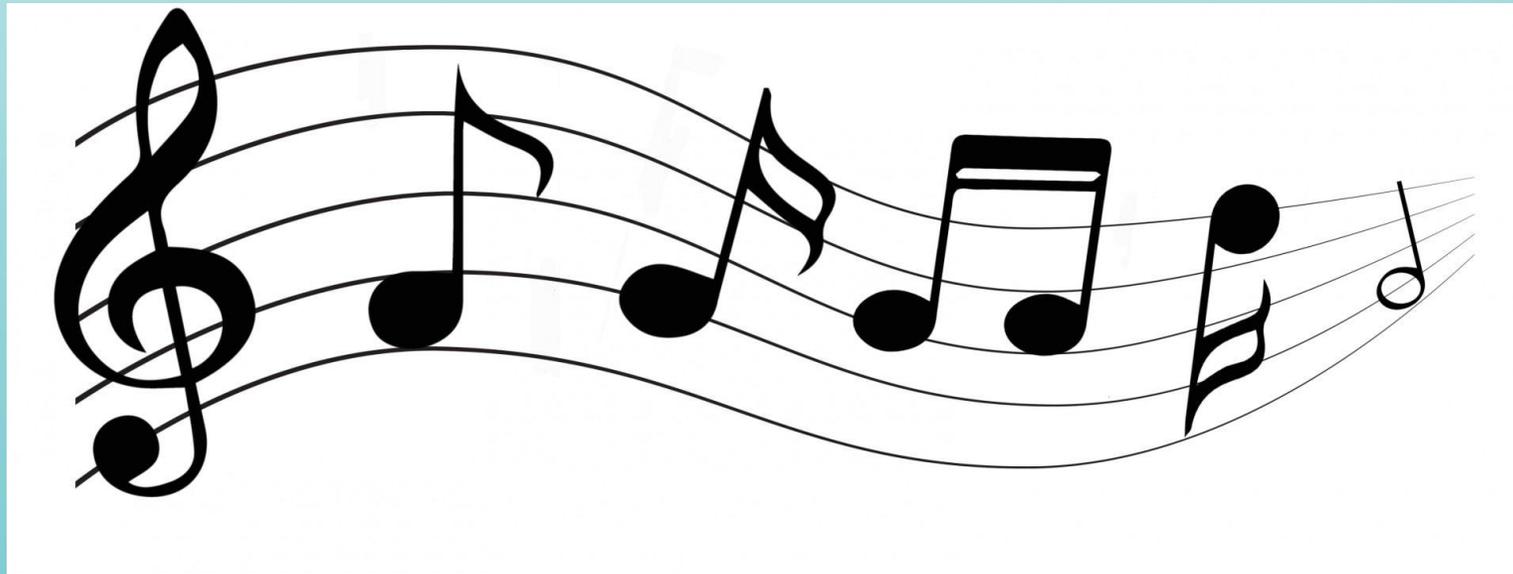


The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.



Let's sing: Build up





Courage: Build Up

published by Fischy Music



Verse 1

Every word that you say, whoa-a
Every game that you play, whoa-a
Every single face, whoa-a
Every single place, whoa-a

Chorus

*You can build up, 1 2 3 4 5
Or you can tear down.
Build up one another,
Build up your sisters and brothers,
Build up one another,
Build up.*



Verse 2 Every joke you tell, whoa-a
Every name you spell, whoa-a
Everywhere you go, whoa-a
Every one you know, whoa-a

Chorus *You can build up, 1 2 3 4 5
Or you can tear down.
Build up one another,
Build up your sisters and brothers,
Build up one another,
Build up.*



Can you build up?

We can build up.

Can you build up?

Yes we can.

Can you build up?

We can build up.

Can you build up?

Yes we can.



Verse 3 Every song you sing, whoa-a
Every bell you ring, whoa-a
Every thing you spend, whoa-a
Every special friend, whoa-a

Chorus *You can build up, 1 2 3 4 5
Or you can tear down.
Build up one another,
Build up your sisters and brothers,
Build up one another,
uild up.*

Fruits from the roots

When might you need an extra
dose of courage?

Who will you ask to help you at
these times?



