



# Courage

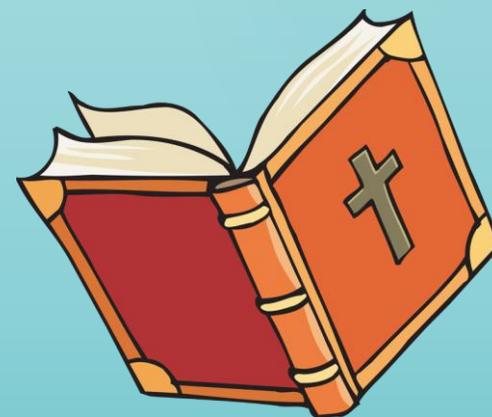


Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go.

Joshua 1.9



## Encouraging Others





0:00 / 3:11

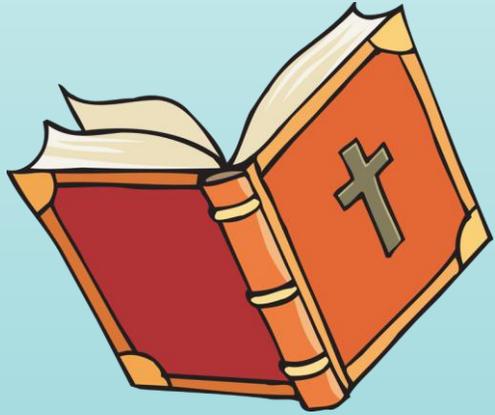






We have gathered together  
in the name of God the Father,  
Son and Holy Spirit,  
to worship together  
and think about our value courage.





Our words of wisdom from the Bible for this term are:

Be strong and courageous; do not be frightened  
or dismayed, for the Lord your God is with you  
wherever you go.

Joshua 1<sup>9</sup>



The word encourage can be found in two other words.

What do these words mean?



Which of these words is positive and which is negative?

The phrases I am going to read are ones we often hear. As you look and listen put your thumbs up if you find them encouraging or thumbs down if you think they are discouraging.

You won't be able to do that.



What a fantastic idea.

Well done!



No, you're too young.

That was brilliant!

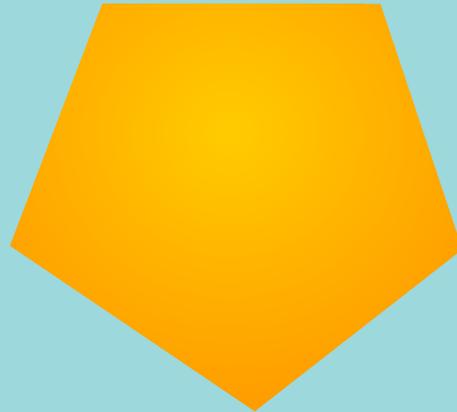
That's too hard for you, you'd better give up.

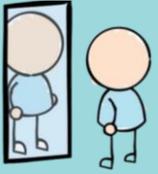


Today's story is about a girl called Sophie, but it could be about any of us.

Roots and Fruits p67

learning



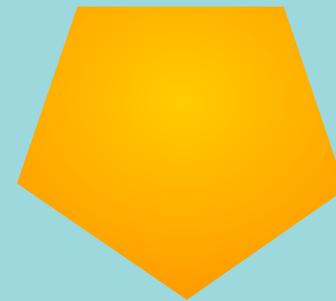


# Reflecting

Sometimes It only takes a morning like Sophie's to leave us feeling that everyone is against us and everything is going wrong. Sophie didn't feel like a star any more.

These are the times when our friends need to build us up and encourage us.

If you were Sophie's friends,  
how would you cheer her up  
after all that had  
happened?





I'll lead the prayer if you would like to make the prayer yours join in with the Amen at the end.

## Star Prayer

Dear Lord,

Help us to find ways to encourage other people that we are working with.

Help us to remember how it feels to be discouraged

and to try to have the courage to build other people up.

Amen

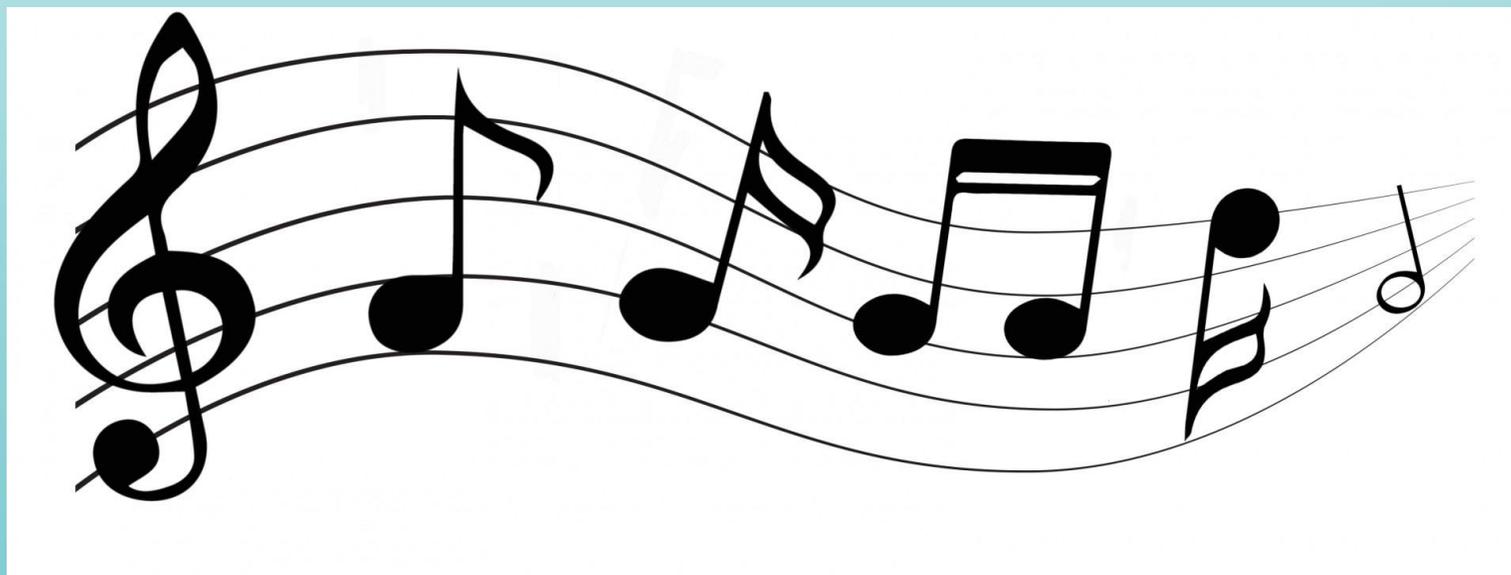


## The Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.



Let's sing: Build up





# Courage: Build Up

published by Fischy Music



## **Verse 1**

Every word that you say, whoa-a  
Every game that you play, whoa-a  
Every single face, whoa-a  
Every single place, whoa-a

## **Chorus**

*You can build up, 1 2 3 4 5  
Or you can tear down.  
Build up one another,  
Build up your sisters and brothers,  
Build up one another,  
Build up.*



**Verse 2** Every joke you tell, whoa-a  
Every name you spell, whoa-a  
Everywhere you go, whoa-a  
Every one you know, whoa-a

**Chorus** *You can build up, 1 2 3 4 5  
Or you can tear down.  
Build up one another,  
Build up your sisters and brothers,  
Build up one another,  
Build up.*



Can you build up?

We can build up.

Can you build up?

Yes we can.

Can you build up?

We can build up.

Can you build up?

Yes we can.



**Verse 3** Every song you sing, whoa-a  
Every bell you ring, whoa-a  
Every thing you spend, whoa-a  
Every special friend, whoa-a

**Chorus** *You can build up, 1 2 3 4 5  
Or you can tear down.  
Build up one another,  
Build up your sisters and brothers,  
Build up one another,  
uild up.*

# Fruits from the roots

How will you encourage  
others when working together  
as a team?





Dear God

Thank you for our amazing school  
and all the opportunities we have to shine.



*Thank you God*

Thank you for the church and school community that helps us to anchor  
our lives in faith and our confidence to shine brighter.

*Thank you God*

Help us to show the light of Christ in everything we think, say and do.

*Help us God*

Help us to have the strength to be positive and  
spread happiness to everyone we meet.

*Help us God*

Let your light shine through us.

*Amen*



